



Motorcyclists Confederation of Canada
Confédération motocycliste du Canada

Pursuing a better riding experience for all.

Obtenir une meilleure expérience de conduite pour tous.

Safety Tips for Off-Road Riders

- Make a plan, share the plan: Before you ride make a plan that includes where you are going and when you expect to return then make sure your family and friends are aware of your plan in case they need to come looking for you. Bring your mobile phone.
- Ride with a buddy: In the event of a crash or breakdown having someone with you to provide assistance could make the difference between life and death.
- Wear the right gear: Think about the weather and terrain you'll be riding in and make sure to wear proper gear including a helmet, eye protection and body armor.
- Set an example when you ride: Peer pressure and a little common sense help ensure that off-road riders have safe places to ride in the future. Conduct yourself the way you want to see others conduct themselves.
- Build skills and confidence, take a course: Education and training is available for new riders who want to get into off-road riding or to improve their skills.
- Start them off right: Young people should have direct adult supervision and should only ride size and age appropriate motorcycles.

Safety Tips for On-Road Riders

- Ride sober. Impaired driving kills. Period. As with so many other forms of driving, drugs and alcohol severely impair judgement and reaction time leading to serious injury and death. There's never a good excuse to toke or drink before operating a motorcycle or any other motorized vehicle.
- Watch your speed. Speed kills: Yes, motorcycles are fast but that does not give you permission to disregard speed limits or to overlook their responsibility to ride according to traffic, weather conditions or your ability.
- Riding at night takes extra care: Darkness makes it more difficult for other motorists to see you and it makes it more difficult for you to anticipate dangers. Be extra alert at night and slow down.
- Wildlife is a fact of life: Wild animals like deer, moose or elk are unpredictable and are especially dangerous when they step out on the road in front of a motorcyclist. Keep your speed down in areas where wildlife are common and if you spot wildlife use extra care.



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Safety Tips for Motorists

- Share the road: Motorcyclists have just as much right to use the road as you.
- Be alert: Motorcycles are smaller and harder to see than other vehicles you share the road with. Put your phone down, follow all distracted driving laws and take the extra time to watch for motorcyclists
- Check your blind spots: It's hard enough to see cars and other vehicles when looking in your mirrors, always shoulder check before making a turn or changing lanes.
- Left turns at intersections are tricky: Motorcycles aren't always easily visible in oncoming traffic. Look twice and be sure that your way is truly clear before making that turn.